



**Passport  
For Wellness**



**Let's have some fun and exercise our brains some more by going back to school with a Spelling Bee from today's episode!!!!**

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**Shanghai**

**Hong Kong**

**Yangtze**

**Feng shui**

**Pudong**

**Beijing**

**Buddhist**

**Taoist**

**Chengdu**

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**Until next time, make it a memorable day!**